

IMPROVING STUDENTS' AWARENESS ABOUT NATIONAL HAZARDS OF DRUGS THROUGH TRAINING ACTIVITIES AND KNOWLEDGE CONTEST EFFECT OF DRUGS TO HEALTH

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Abstract

Indonesia emergency drugs has been declared by the President of Indonesia Joko Widodo. The results of the National Narcotics Agency research with Universitas Indonesia Health Research Center found people who have narcotics dependence has almost 6 million people. Lack of knowledge of the younger generation of the types of drugs and the dangers of drugs for health can be a factor in the falling generation of young people in using drugs. Community Partnership Program about Training and Knowledge in recognizing the types of drugs and the danger of drugs to health for students of SMP Swasta Al Razi Sinar Harapan can improved the knowledge and skills of students of SMP Swasta Al-Razi Sinar Harapan so that they can become anti-drug activists in the social out of school environments and home environments. Training and knowledge contest was well done, the knowledge and skills of the students of SMP Swasta Al Razi Sinar Harapan increased rapidly so as to protect themselves from the use and distribution of drugs.

Keyword: *Drugs, Training, Community partnership program*

Abstrak

Indonesia darurat narkoba sudah dicanangkan oleh Presiden RI Joko Widodo. Hasil penelitian Badan Narkotika Nasional (BNN) dengan Pusat Penelitian Kesehatan UI, masyarakat yang ketergantungan narkoba sudah hampir 6 juta orang. Kurangnya pengetahuan generasi muda akan jenis jenis narkoba dan bahaya narkoba untuk kesehatan dapat menjadi faktor terjerumusnya generasi muda dalam menggunakan narkoba. Program Kemitraan Masyarakat Pelatihan dan Cerdas Cermat dalam mengenali jenis jenis narkoba dan bahayanya untuk kesehatan bagi siswa/i SMP Swasta Al Razi Sinar Harapan dapat meningkatkan pengetahuan dan ketrampilan siswa/i SMP Swasta Al-Razi Sinar Harapan sehingga dapat menjadi penggiat anti narkoba di lingkungan pergaulan rumah dan luar sekolah masing-masing siswa/i. Pelatihan dan cerdas cermat berlangsung dengan baik, pengetahuan dan ketrampilan siswa/i SMP Swasta Al Razi Sinar Harapan meningkat pesat sehingga dapat membentengi diri dari penggunaan dan peredaran narkoba.

Kata kunci: *Narkotika, Pelatihan, Program Kemitraan Masyarakat*

1. INTRODUCTION

Indonesia emergency drugs has been declared by the President of Indonesia Joko Widodo. The results of the National Narcotics Agency research with Universitas Indonesia Health Research Center found that people who have narcotics dependence has almost 6 million people. The distribution of drugs in Indonesia even reached 65 types of

drugs, while in other countries only 5 or 6 species. Lack of knowledge of the younger generation of the types of drugs and the dangers of drugs for health can be a factor in the falling generation of young people in using drugs.

The age of junior high is the age of puberty with a great desire to try everything, take risks but lack knowledge about the risk. The lack of knowledge of

junior high school students on the types of drugs and the dangers of drugs for health can be a factor in the falling out of students trying drugs. SMP SwastacAl RaziSinarHarapanis at JalanEkaRasmi, Melinjo I No. 19 Johor Permai Medan, 5 (five) km away from Universitas Muslim NusantaraAl-Washliyah Medan. This school is Islamic based.

The objectives of this community partnership program were : 1. Providing training and knowledge contest about the types of drugs and the dangers to health. 2. Providing a junior high school student in fortifying themselves from the dangers of drugs. 3. Increasing the role of teachers in the prevention of drug abuse.

2. METHOD

This community partnership program was implemented for 6 (six) months, from July to December 2017. The place of execution was SMP Swasta Al-RaziSinarHarapan located at JalanEkaRasmi, Melinjo I No. 19 Johor Permai Medan. Methods of community partnership program activitywere :

1. Observation of Problems

The observation of partner problems was to identify the problems faced by partners as well as to find a solution.

2. Preparation of Activity

Preparation of community partnership program activities was done by making permission of community partnership program from LP2M UMN Al Washliyah to SMP Swasta Al-RaziSinarHarapan, then prepared facilities and infrastructure needed. Facilities that had prepared wasa trainingpocket book of drugs impact on health. Infrastructure that had prepared

wasroom fittings designed for training and knowledge contest.

3. Implementation of Activities

The method of implementing this program was by raising awareness of the students of SMP SwastacAl RaziSinarHarapanabout drugs through training and knowledge contest of the types of drugs and its danger to health, according to the following flow chart:

Training of narcotics and their effects

Training of psychotropic types and their effects

Training of addictive substances and their effect

Knowledge contest

4. Activity Evaluation

This stage aimed to see the results of the implementation of activities of community activities programs on students of SMP Swasta Al RaziSinarHarapan

3. RESULTS AND DISCUSSION

Implementation of community partnership program activities achieved the following results:

1. Partner issues

Based on the analysis of the situation of partners mentioned above, it was seen that the problem of partners was lack of knowledge of students of SMP Swasta Al-RaziSinarHarapan about type of drugs and the danger of drugs for health so that it can become a factor for the students of SMP Swasta Al RaziSinarHarapan trying drugs.

2. Coordination with related institution and preparation of facilities and infrastructure.

After LP2M UMN Al Washliyah gave permission for community partnership program to SMP Swasta Al Razi Sinar Harapan, then preparation of facilities and infrastructure that had needed was prepared. Training pocket book of drug impact health as shown in figure 1 below.



Figure 1. Cover of training pocket book of drug impact health

3. Provide information, training, and intelligent about the impact of drugs on health

Implementation of the activity has well done. The provision of training materials included explanation of the contents of textbooks about impact of drugs on health and video of drug addicts. Students of SMP Swasta Al Razi Sinar Harapan attended the training and knowledge contest with enthusiasm and passion. Their knowledge of the dangers of drugs and their self-protection from drugs abuse increased rapidly.



Figure 2. Implementation of drug impact training on health

While the role of teachers in the prevention of drug abuse, including:

- a. Teachers and students understand the dangers of drugs.

Teachers and students should know the effects of drugs on health.

- b. Teachers teach students about the dangers of drugs continuously.

Teachers need to remind about the dangers of drugs in detail to the students continuously so that students understand the whole and are able to take the right steps.

- c. Teachers become examples by not using and prohibiting drugs.

4. Evaluation of activities

Each activity undertaken by the implementing team is evaluated. Evaluation results showed that knowledge and skills of students of SMP Swasta Al Razi Sinar Harapan increased so that they can become anti-drug activists in their social out of school environment and home environment.

4. CONCLUSION

The conclusion of this community partnership program were :

1. Training and knowledge contest about the types of drugs and the dangers to health resulted in increasing knowledge and skills of students of SMP Swasta Al Razi Sinar Harapan for the dangers of drugs.
2. The knowledge and skills of the students of SMP Swasta Al Razi Sinar Harapan increased students' self-protection from drugs abuse.
3. The role of teachers in the prevention of drug abuse was increased

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